

# Psychic Tarot Reading

by Melanie Jade Rummel

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Hello!

Welcome to my e-course on how to read tarot cards psychically. As I began studying tarot, consulting every resource I could find, my Spirit Guides began teaching me the tarot during my meditations. Rather than just learning a set definition for each card, my guides encouraged me to trust my own intuitive insights to read the cards.

This course covers everything from choosing your first deck to intuitively interpreting the cards. I encourage you to go beyond book definitions and traditional spreads and learn to focus on your own unique insights and intuition.

Wishing you years of tarot fun and insight,

Melanie Jade Rummel



# Everyone is Psychic

Everyone has the ability to recognize and use their psychic abilities. Some people hone their abilities and become recognized as psychics, but we all have this ability.

To be psychic means to be able to perceive that which is beyond the physical. If you're reading this, you probably realize that we are much more than our physical bodies. I believe we are all spiritual beings in a physical body, and therefore we can perceive things of a spiritual nature.



# Awareness of Your Psychic Abilities

There are many ways to become aware of and strengthen your psychic abilities. Here are a few of my favorites:

## **Meditation**

Meditation is essential to psychic development. There are many different types of meditation. You can find many [meditation resources](#) on my website.

## **Staying in the Present**

Sometimes, we can be so caught up in our thoughts that we miss what is going on in the present moment. To be open and receive psychic insights, we must "live in the now."



continued . . .

## **Keep a Journal**

I suggest writing down your psychic experiences. Sometimes we disregard our insights because they feel (and are) so natural. When we write them down and look over them at a later time, we are better able to appreciate the experiences, recognize how we receive information, and learn that our insights are accurate.

## **Research**

Every time you learn more about tarot, spirit guides, being psychic, or any other intuitive topic, your awareness expands. It's like telling the Universe and yourself that you are ready and open to these experiences. The more open you are, the more you will experience.



# How do tarot cards work?

Tarot cards are simply cards with pictures on them. That's it. They have no magic or mysticism unto themselves.

The pictures in the cards trigger the part of our mind and spirit that is connected to Universal Consciousness. By paying attention to what stands out to us in the cards and what it means to us intuitively, as well as our extrasensory perceptions, we gain insight into our questions.

Tarot cards are great tools for us to use to increase our psychic awareness in general, as well.



# Choosing Your Deck

If you don't already have a deck, there are many great websites and stores with hundreds of options for you to choose from. You can even make your own cards! Here are my recommendations for choosing a deck:

- Choose a deck that is both appealing and inspiring. [www.aeclectic.net](http://www.aeclectic.net) lists hundreds of decks, along with images of the cards and reviews.
- Choose a deck that has meaningful images on the numbered cards. On the three of cups card, for example, some decks show three cups whereas other decks show three women dancing, celebrating, and toasting each other. I recommend choosing the latter style of deck.
- Choose a fun bag or box to keep your cards in. It's like opening a present every time you use them.



# Exploring Your Deck

First, figure out what the cards mean to you. Write down any insights or feelings you get for each card. You can also meditate and ask your guides to tell you what a certain card means or hold the intention that you will receive insight about the card during the day.

Then, you can check other resources for more ideas. As you read other people's ideas of what the cards mean, you may find that you disagree with some of them. Always follow your intuition and trust yourself.

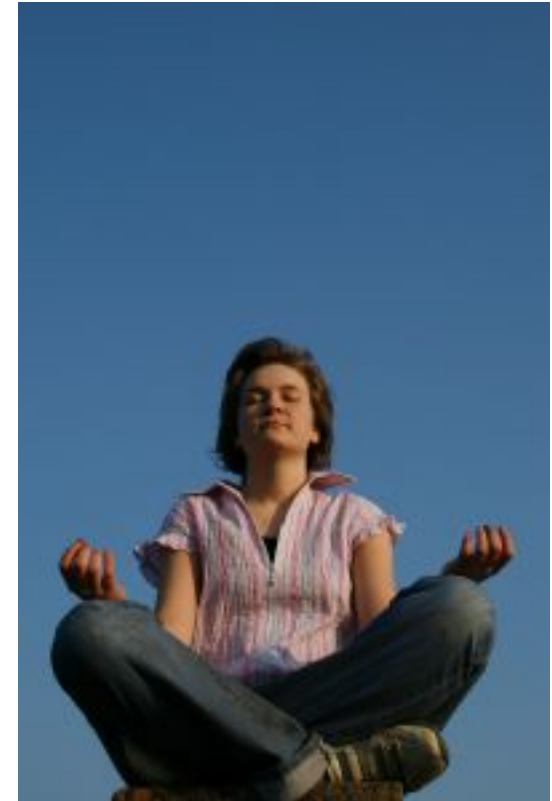


Look for the positive message in each card, especially in cards that initially don't feel positive. From a higher perspective, everything happens for a positive reason.

# Preparing for a Reading

Before I do a reading, I take several deep, slow breaths until I feel peaceful and centered. I find that I can tap into my intuition more easily and accurately when I do this. I also ask my Spirit Guides to help me read objectively and to help me see the beautiful messages they have for me.

If I'm feeling emotional about the subject I'm seeking information about, I meditate until I feel more objective and open to seeing the truth of the situation. Usually it helps to remind myself that everything happens for a positive reason.




# Reading the Cards



It's great to have a general idea of what the cards mean. However, I do not rely on those definitions when doing a reading. Instead, as each card is laid out, **I pay attention to what catches my eye and how I feel as I see the cards.** Sometimes I will get images, an overall sense of the situation, or hear meaningful sounds in my mind. This is reading the cards psychically.



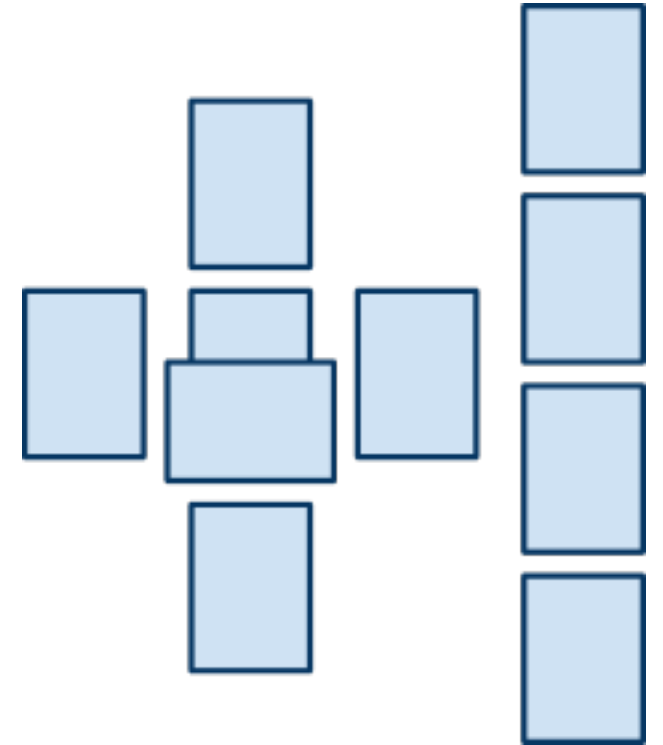
 One thing that helps is to **just start talking.** Say whatever comes to your mind and **create a story.** You may feel like you are making it up, and that's okay. Just do it. As you read for yourself and others, you will begin to feel more comfortable and confident that your insights are accurate.



# Using Spreads

Many tarot readers use spreads, arrangements of cards with a meaning assigned to each placement. There are many traditional spreads you can use, like the [Celtic Cross](#), the [3 card spread](#), and the [Horseshoe](#). If the traditional meanings don't work for you, you can make up your own spread and/or ask your guides for their insight.

If you don't want to use a spread, you can ask a series of questions about what you are seeking insight about and draw as many cards as you want after each question.



Celtic Cross Spread

# If You're Stumped

Are you really stumped, or is the insight you're getting not what you expected? Sometimes when we're looking for a specific answer, anything other than that seems confusing, even though the only block to our understanding is our attachment to our preconceived ideas.

Another thing that can block insight is fear of being wrong. **At some point we all have to decide that we care more about our psychic development than we do about being perfect.** It's natural to feel hesitant when you're first learning. It will feel natural when it becomes a habit. Practice with your friends, say you're just developing your skills, and have fun.



# Some other tips...

- Pretend you are the world's greatest tarot reader. You can even come up with a name for yourself. Totally get into character, and feel and believe that you have been doing this for eons and are Divinely inspired. Then, with confidence, read the cards.



- Meditate and ask your guides. My guides help me all the time with readings for myself. I have a tarot guide called Lola (she wasn't a showgirl), but many of my guides have helped me figure out what cards and spreads mean.

# Keep in Mind

Always make sure you leave the person you are reading cards for with a sense of hope, positive feelings, and an understanding that they have control over their future.

Tarot cards show probabilities, not definite outcomes. Whatever you see reflects the current energy of the situation, but things can always change. Everyone has free will to choose new paths and new opportunities.





# Common Questions



## Who shuffles? Is there a certain way to shuffle?

Follow your own guidance on this. Everyone has their own way of doing things. My personal guidance has been to let the person I'm reading for shuffle the deck. If you're doing a reading for yourself, shuffle the cards in the way that most feels comfortable to you.

## How are cards chosen for the reading?

This, again is up to you. Some readers fan out the cards and have the other person choose. Some readers have a specific way of cutting the deck and restacking it. Some people choose the cards at the top of the deck. Do what feels right for you. Many times, cards will fly out of the deck while shuffling. This is very obvious when it happens, and I believe they are pushed out by Spirit Guides for us to read.

## Can I do a reading for myself?

Absolutely! I think this is a great way to begin, and I always do readings for myself. However, if you are not able to be objective, it might be more helpful to have someone else do a reading for you. One way to help you remain objective is to imagine that you are someone else (create a different tarot reader identity). Then, see the real you seated across from the tarot-reading you and do the reading.

If you have any more questions, please feel free to [contact me](#).

# Additional Resources

I hope this introduction to psychic tarot reading has helped you along your journey of psychic development. Tarot is just one of the many ways we can communicate with our Spirit Guides and get in touch with our intuition. When we follow our Divine guidance, creating the life of our dreams becomes much easier. Please visit my website for more articles and information about tarot, manifesting, and other inspiring topics. I wish you all the best on your magical journey of life!

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